



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President: Joy Jordan
Treasurer: Libby Lyver
Secretary: Helene Harper
Newsletter: Janice Calvert

Committee:
Annie Melrose
David Verrall
Roger Jordan
Jean Wardle

September - October 2025

GOMIL (GRUMPY OLD MAN IN LYCRA)

Bruce Mason Centre, The Promenade, Takapuna

Saturday 27 September 2025 at 7.30pm

One of New Zealand's biggest theatrical success stories is back in the saddle! Following the phenomenal popularity of *MAMIL* (Middle Aged Man in Lycra), which played to over 70,000 people across the country, comes its laugh-out-loud sequel: *GOMIL* – Grumpy Old Man in Lycra. And this time, it's going national.

From the comedic genius of writer and director Gregory Cooper (*MAMIL, That Bloody Woman*) and starring Kiwi acting royalty Mark Hadlow ONZM (*King Kong, The Hobbit, SNAG*), *GOMIL* is primed to bring a fresh wave of laughter, Lycra, and life's mid-life absurdities to 14 cities throughout New Zealand in a major national tour kicking off this September.

After a critically acclaimed, sold-out debut season in Ōtautahi Christchurch, *GOMIL* is shifting gears and going full speed ahead across Aotearoa. Audiences who laughed (and winced) along with the unforgettable antics in *MAMIL* will now follow the journey of our favourite cyclist as he faces a new life stage: grumpier, greyer, and still clad in way too much Lycra.

Hadlow, one of the country's most beloved performers, reprises his role with impeccable comic timing and emotional depth, bringing to life a story that's not only hilarious, but also touching, timely, and unashamedly relatable.

Whether you're a weekend warrior, a reluctant spouse, or just someone who enjoys watching others sweat the small (and stretchy) stuff, *GOMIL* is a must-see. This show digs deep into the world of ageing men, fragile egos, friendship, family, and the undeniable need to keep moving—no matter how creaky your knees may be.

Get ready to laugh, reflect, and maybe even wince in recognition as *GOMIL* pedals its way across the country this spring. It's more than a show—it's a celebration of growing older (and slightly wider) with humour, heart, and a healthy dose of spandex.

Further details: Optional dinner beforehand at Botticelli restaurant, 8 Anzac Street, Takapuna at 5.45pm.

Cost: Between \$79 to \$99 plus booking fee. Have bought a few tickets in B Reserve at \$79 plus fees so contact me early if you would like to purchase one and I will advise you the cost, and then pay into the TUAC account no. 12-3014-0118011-00.

Confirm by: A.s.a.p.

Contact: Janice Calvert



THE SEVEN WONDERS OF THE WORLD

CINERAMA MOVIE MORNING

Parkside Retirement Village

(formerly Masonic Village)

42 Herd Rd, Hillsborough.

Monday 6 October 2025 from

10am- 12 noon.

Re-live the wide screen 3-D format with Cinerama.

The movie "The Seven Wonders of the World" was made in 1956 with full narration and orchestral backing.

A unique movie experience that is educational and historical .

Further details: It will be live-streamed in the new formatted SmileBox format inside the parkside village cinema.

The movie morning will be in conjunction with the Classic Movie Interest group of Mt Albert U3A.

Limited to 6 TUAC members. Comfortable soft lounge chair seating.

Due to Village Construction, parking may be limited, so please park outside on Herd Rd.

Meet at the main reception at **9.45 am**.

There is a Cafe onsite if you would like to stay and discuss the movie.

Cost: Free.

Confirm by: At your earliest please.

Contact : Mike Maran



KAIPARA COAST PLANT CENTRE & SCULPTURE GARDENS

1481 Kaipara Coast Highway, Kaukapakapa

Saturday 18 October 2025 Meet at 10am

Enjoy a relaxed art and garden experience strolling along a gentle 1km sculpture & garden trail **40 minutes from Central Auckland**. A vibrant plant centre, with 3.5km of garden, sculpture, and forest trails to explore. Allow at least one hour to enjoy the gardens walk, and a further hour if you choose to walk the 2.5km of forest trails. Please note the trail is not suitable for wheelchairs, and no dogs are allowed in the gardens.

Further details: When we have finished exploring, we can have a coffee and a lite bite to eat at their Coffee Stop. Entry and parking is at Kaipara Coast Plant Centre and Coffee Stop with the area providing plenty of picnic spots and seating along the trails.

Cost: Adults: \$17.50 / Gold Cardholders - \$12.50. Pay on the day.

Confirm by: A.s.a.p.

Contact: Jean Wardle



HIKE/WALK IN WAITAKERE'S UPPER NIHOTUPU DAM

**Saturday 8 November 2025 –
10am start at track**



I am really keen to do this walk – so here we go again!
This is a 4km out-and-back trail (return same path). It takes an average of 1½ hrs to complete. The all-weather track is mostly flat, only uphill in a few places.

Further details: Take the Piha Road off Scenic Drive and park on the left in a small parking area by a gate. We can carpool from the Arataki Visitor Centre.

Bring: Suitable footwear for gravel track. Water and wet weather gear in case of light rain. Also bring a lunch snack and maybe a thermos for a short stop at picnic area before heading back to carpark – weather permitting.

Confirm by: End of October with your phone number.

Cost: Free.

Contact: Jean Wardle

(Note: Alternative rain date will be Sunday 9 November).

NZ SCULPTURE ON SHORE

**Fort Takapuna, Vauxhall Rd, Devonport
Sunday 16 November 2025**



Get ready to experience an extraordinary celebration of art in a breath-taking setting. New Zealand's largest sculpture exhibition returns again this year. Ticket sales support Women's Refuge.

Further info: Prices not announced as yet but expressions of interest being taken for now. Opening times still to be determined and will be advised once they publish this. Lunch either at the event or will choose a nice café in Devonport.

Cost: To be confirmed when published. Previous years have had Earlybird sales approx. \$20 / seniors \$15, and after that time approximately \$25.00 adults / \$20 seniors. Lunch at your cost.

Ticket sales: Earlybird tickets on sale from 9.00am Thursday 14 August.

Pay by: Online or on the day. Details will be advised when published. (Previously you have needed ID if buying a senior's ticket at the gate)

Confirm by: 1st November 2025

Contact: Libby Lyver

THE IMPORTANCE OF BEING EARNEST

(by Oscar Wilde)

**Titirangi Theatre – Lopdell House,
418 Titirangi Rd, Titirangi
22 November 2025**



(Show start time to be advised)

A delightful comedy from 1895 with young lovers, mistaken identities, amazing Outfits and glorious wild repartee.

Further details: We will meet at Deco Eatery in Lopdell House for dinner before the show at 6pm and then go down into the theatre for the show. There is parking behind Lopdell House or on Titirangi Rd. There is also a car park off South Titirangi Rd on your left opposite the back of Lopdell House.

Confirm by: 4 November 2025

Cost: Tickets \$20.00. To be paid into the Tuac account no: 12-3014-0118011-00.

Contact: Helene Harper.

RIVERHEAD TAVERN – "THE RENEGADES"

**33 York Terrace, Riverhead
Sunday 23 November 2025
from 12 – 5pm**



The Renegades provide feel good high energy acoustic music. Since 2016 this group is known for their unique spin on classic rock, Americana, folk and country blues.

Further details: The gates open at 12 noon. This group are playing at The Boat House where the menu includes pizzas, platters, burgers, salads and bar snacks. For a group of 6 or more I can book a table.

Cost: Lunch at your expense.

Confirm by: Friday 14 November or preferably sooner so that I can secure a table.

Contact: Janice Calvert

ASB CLASSIC WOMENS' TENNIS 2026

**Stanley St, Grafton
Wednesday 7 January 2025**



Come to the tennis and have a great day out. It is one of the best things to enjoy doing in Auckland over the summer.

Further details: This is a Day session commencing at 11.30am. The gates open at 10.30am.

Bring: A hat or cap, suncream, snack bar, water bottle and money for lunch.

Cost: Ticket \$65 plus booking fee.

Confirm by: 10 October and I will purchase your ticket.

Contact: David Verrall

VIVID LIGHT FESTIVAL

**Circular Quay Sydney
Wednesday 10th to Friday 12th June 2026
Expressions of Interest sought**



Vivid Sydney is an annual festival held in Sydney, Australia. It includes outdoor immersive light installations and projections and performances by local and international musicians.

See link <https://www.sydney.com/events/vivid-sydney>

Vivid planning for the 2026 festival is underway but exact dates for each event are not yet published. Plan your trip to Sydney to include as much of the Vivid experience as you like. We have chosen 3 days, but the festival runs from 22nd May to 13th June. I can also suggest other walks, visits to local attractions etc.

Further info: Will follow after Vivid publish all events. Some festival events are charged for and some are free. Follow link below for information on the 2025 festival.

<https://www.vividsydney.com/programs>

Costs: Various costs for certain events (to be determined). Flights and accommodation at your cost. Plenty of advance notice being given to be able to get cheap airfares if interested in coming.

Pay by: Details to be advised early 2026

Confirm: your interest by 5th October

Contact: Laura Cunningham

EVENTS

And while we are talking about events, if there is something that you would like to suggest as an event, or even think you would like to organise yourself, speak to one of the Committee. They would love to hear your idea and even help you get it into the newsletter. The club exists because there are people who want to socialise with others and have adventures.

PHOTOS FOR THE WEBSITE

If you have any photos from any TUAC events, we would love to see them on our website in our photo galleries. You can email these to Ian Ashurst E: ashurst.family@xtra.co.nz who will upload them onto the website gallery. You will need to let him know what event they relate to and if you can give each photo a title, this can be loaded to accompany the photo. You will also need to send him a short, written version of what the event was about. For ideas on what this looks like, check out previous galleries. It does not have to be too involved as there is limited space for this. It should just be a precis of how much fun you all had!

EVENT AND PAYMENT DETAILS

If paying your subs, enter invoice number in payment details. You do not need to put your name in the details fields, as this is automatically displayed when using internet banking. Deposit cheques into the club's bank a/c 12-3014-0118011-00 and email Libby (libby.lyver@gmail.com) the same information.

BEFORE MAKING PAYMENT FOR ANY EVENT, CHECK WITH THE EVENT ORGANISER THAT PLACES ARE AVAILABLE

Non-members may attend some club events. Members have priority and a surcharge may be applied to non-members. Contact the event organiser directly to make a booking for any event.

If you have confirmed to go to an event where the ticket is prepaid by the organiser, or accommodation booked, pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away.

If accommodation has been made for you by the organiser, it is your responsibility to either pay the whole amount, or find someone else to take your place

If you cannot attend on the day, advise the organiser immediately, as they may have people wishing to attend.

INTRODUCE A NEW MEMBER: If you introduce a new member and they join the club you will get a credit of \$10 on your next TUAC membership renewal account.

LIABILITY: "I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

Any queries regarding an event please get in touch with the event organiser only.

Do not use the Hotmail account as this is NOT monitored frequently